



music • movement • mindfulness • imagination

We combine music, movement and mindfulness education into an affordable and engaging enrichment program for children.

Yo Re Mi supports a child's physical, social, emotional and mental health.

Our Teaching Artists celebrate the uniqueness of every child, honoring their creativity and imagination in a non-competitive environment.

Yo Re Mi aligns with NYS Learning Standards for Physical Education, NYC Blueprint for the Arts (music) and DOE Pre-K For All Units of Study.



ENHANCE LEARNING

ENGAGE THE WHOLE CHILD

IMPROVE BEHAVIOR

PROMOTE AWARENESS

DEVELOP SELF-REGULATION

CREATE COMMUNITY

ENCOURAGE IMAGINATION



BENEFITS OF YO RE MI

Yo Re Mi engages children's innate creativity and encourages learning through exploration and discovery.

YOGA fosters concentration, focus, strength, flexibility, balance, health, social emotional learning, fine and gross motor skills, and breath and body awareness.

MUSIC fosters speech development, listening skills, patterning and sequencing, social skills, emotional development, memory, and physical coordination.

COMBINING MUSIC WITH YOGA triggers sensory integration and complex cognitive development, aiding retention as children learn through experiences that include physical, auditory, and emotional inputs.



"Yo Re Mi has been a fantastic addition to our school program! The sessions are full of joy and energy and the children have a blast!"

KRISTEN PALLONETTI,
PROGRAM DIRECTOR,
TRIBECA COMMUNITY SCHOOL

Classes and special events for infants through fifth graders.

FOR MORE INFORMATION, TESTIMONIALS, AND PHOTOS OF OUR CLASSES, VISIT WWW.YOREMIKIDS.COM

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